

## **PATIENT DISCHARGE INSTRUCTIONS: PTA/STENTING**

**Call 911 or immediately go to the Hospital Emergency Department nearest your location if you feel you have an emergent problem.**

### **Please call the Doctor if:**

- ✓ You measure your temperature with a thermometer and it is over 102 degrees.
- ✓ There is unexpected redness, swelling, pain, or drainage from an incision.
- ✓ You have unexpected shortness of breath.
- ✓ You have increasing pain not helped by your medication.
- ✓ You have urgent concerns about your surgery.
- ✓ You are unable to eat or drink well.
- ✓ You have uncontrollable nausea, vomiting, or diarrhea..
- ✓ You cannot eat your food.
- ✓ Your leg or foot has color change or progressive increase in pain or numbness.

### **Incision Wound Care:**

- ✓ Remove dressing in AM day after surgery
- ✓ A band-aid can be used over the puncture site for 2 days.
- ✓ Do not use ointments or creams on the puncture site.
- ✓ You may shower the day after surgery. Be sure to dry off the wound.
- ✓ Call the Doctor if the area of the puncture site swells or is progressively painful.
- ✓ Your surgery wound can be open to air two days after surgery.

### **Activity:**

- ✓ Do not lift over 5 pounds until after post-operative visit with Dr. Rice.
- ✓ You may travel as a passenger in a car, but do not drive yourself until permitted by the doctor.
- ✓ You may climb stairs as needed, but not if tired or feeling weak.

### **Diet:**

- ✓ You may return to your normal diet unless given other instructions.

### **Medication:**

- ✓ Take only the medicines prescribed for you.
- ✓ Do not take other medications unless the doctor tells you to do so.
- ✓ Call the Doctor's office if you are unsure of medication use.

### **Tobacco and Alcohol:**

- ✓ Tobacco should not be used.
- ✓ Alcohol should not be used.

### **Doctors Appointment:**

- ✓ Please keep your appointment with the doctor as scheduled.
- ✓ Please keep your appointment with the Vascular Lab if scheduled.